

# Appendix 3Y

## Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

<b>Name of entity</b>	<b>Pulse Health Limited</b>
<b>ABN</b>	69 104 113 760

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	David Manning
<b>Date of last notice</b>	17 December 2015

### Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Direct
<b>Nature of indirect interest (including registered holder)</b> Note: Provide details of the circumstances giving rise to the relevant interest.	N/A
<b>Date of change</b>	19 August 2016
<b>No. of securities held prior to change</b>	<ol style="list-style-type: none"><li>1,500,000 Ordinary Shares at \$0.55 Per Share</li><li>500,000 <u>Unlisted</u> A Class Options, Vest 20/07/2016, Expiry Date 19/08/2016 Exercisable at \$0.55 Per Option</li><li>500,000 <u>Unlisted</u> B Class Options, Vest 20/07/2017, Expiry Date 19/08/2017 Exercisable at \$0.605 Per Option</li><li>500,000 <u>Unlisted</u> C Class Options, Vest 20/07/2018, Expiry Date 19/08/2018 Exercisable at \$0.63 Per Option</li></ol>

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<b>Class</b>	<ol style="list-style-type: none"> <li>1. Ordinary Shares</li> <li>2. <u>Unlisted</u> A Class Options, Vest 20/07/2016, Expiry Date 19/08/2016 Exercisable at \$0.55 Per Option</li> <li>3. <u>Unlisted</u> B Class Options, Vest 20/07/2017, Expiry Date 19/08/2017 Exercisable at \$0.605 Per Option</li> <li>4. <u>Unlisted</u> C Class Options, Vest 20/07/2018, Expiry Date 19/08/2018 Exercisable at \$0.63 Per Option</li> </ol>
<b>Number acquired</b>	Nil
<b>Number disposed</b>	500,000 <u>Unlisted</u> A Class Options, Vest 20/07/2016, Expiry Date 19/08/2016 Exercisable at \$0.55 Per Option
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and estimated valuation	NIL
<b>No. of securities held after change</b>	<ol style="list-style-type: none"> <li>1. 1,500,000 Ordinary Shares at \$0.55 Per Share</li> <li>2. 0 <u>Unlisted</u> A Class Options, Vest 20/07/2016, Expiry Date 19/08/2016 Exercisable at \$0.55 Per Option</li> <li>3. 500,000 <u>Unlisted</u> B Class Options, Vest 20/07/2017, Expiry Date 19/08/2017 Exercisable at \$0.605 Per Option</li> <li>4. 500,000 <u>Unlisted</u> C Class Options, Vest 20/07/2018, Expiry Date 19/08/2018 Exercisable at \$0.63 Per Option</li> </ol>
<b>Nature of change</b> Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Cancellation of Unlisted Options which have lapsed

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**Part 2 – Change of director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	N/a
<b>Nature of interest</b>	N/a
<b>Name of registered holder (if issued securities)</b>	N/a
<b>Date of change</b>	N/a
<b>No. and class of securities to which interest related prior to change</b> Note: Details are only required for a contract in relation to which the interest has changed	N/a
<b>Interest acquired</b>	N/a
<b>Interest disposed</b>	N/a
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and an estimated valuation	N/a
<b>Interest after change</b>	N/a

**Part 3 – +Closed period**

<b>Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?</b>	No
<b>If so, was prior written clearance provided to allow the trade to proceed during this period?</b>	N/A
<b>If prior written clearance was provided, on what date was this provided?</b>	N/A

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